

Request/Authorization to Release Confidential Records and Information

Client Name:

Date:

DOB:

I authorize \_\_\_\_\_ to release information reciprocal to and from:

Kaleidoscope Counseling Phone: 704-680-6414

For the following purpose(s):

- Further mental health evaluation, treatment, or care services     Treatment planning     Research     Rehabilitation program development or Other: \_\_\_\_\_

These records concern the time between \_\_\_\_\_ and \_\_\_\_\_.

This consent shall be valid until: \_\_\_\_\_  
(date to not exceed one year)

In the boxes below, the information to be disclosed is marked by an X, the items not to be released have a line drawn through them and, page numbers are indicated when appropriate. Written dates indicate when those records were mailed to the requester.

- Intake and discharge summaries     Medical history and evaluation(s)  
 Mental health evaluations     Developmental and/or social history  
 Educational records     Progress notes, and treatment or closing summary  
 Other: \_\_\_\_\_

HIV-related information and drug and alcohol information contained in these records will be released under this consent unless indicated here:  Do not release HIV-related information     Do not release drug and alcohol information.

I have had explained to me and fully understand this request/authorization to release records and information, including the nature of the records, their contents, and the likely consequences and implications of their release. This request is entirely voluntary on my part. I understand that I may take back this consent at any time within 90 days, except to the extent that action based on this consent has already been taken. This consent will expire automatically after 90 days from the date on which it is signed, or upon fulfillment of the purposes stated above.

\_\_\_\_\_  
Signature of client

\_\_\_\_\_  
Printed name

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of parent/guardian/representative

\_\_\_\_\_  
Printed name

\_\_\_\_\_  
Relationship

\_\_\_\_\_  
Date

I witnessed that the person understood the nature of this request/authorization and freely gave his or her consent, but was physically unable to provide a signature.

\_\_\_\_\_  
Signature of witness

\_\_\_\_\_  
Printed name

\_\_\_\_\_  
Date